

# Aberdeen & District Newsletter

*October 2017*

*Volume 46 Issue 2*



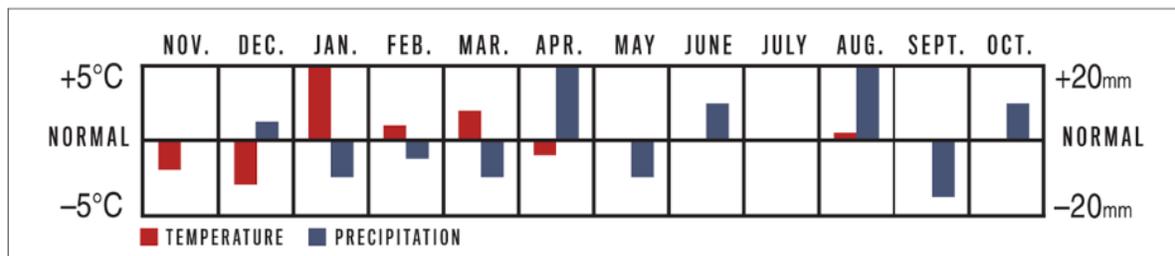
Farmer's Almanac [www.almanac.com](http://www.almanac.com)

October 2017

- 1st-3rd. Fair skies.
- 4th-7th. Stormy: some wet snow over the Rockies and flurries over the Prairies.
- 8th-11th. Fair and cold for Thanksgiving.
- 12th-15th. Turning unsettled followed by clearing skies.
- 16th-19th. Stormy weather spreads first into the Rockies, then heavy rains spread into Manitoba.
- 20th-23rd. Clearing skies and colder.
- 24th-27th. Fair skies rapidly change to unsettled conditions.
- 28th-31st. Tranquil at first, then turning stormy over the Rockies; increasing cloudiness elsewhere.

**OCTOBER 2017: temperature 4°C (2°C below avg.); precipitation 10mm (10mm below avg.); Oct 1-5: Rain and snow showers, turning cold; Oct 6-14: Sunny, turning mild; Oct 15-18: Showers, mild; Oct 19-24: Snow showers, cold; Oct 25-30: Sunny east, showers west; mild; Oct 31: Snow.**

TEMPERATURE AND PRECIPITATION NOVEMBER 2017 TO OCTOBER 2018



# TOWN OF ABERDEEN

## COUNCIL'S CORNER

Town Council meetings are open to the public. We meet at the TOWN OF ABERDEEN Office Chambers, 401C Main Street, 7:00 pm every 3<sup>rd</sup> Tuesday of the Month. Our next council meeting is scheduled for Tuesday Sept. 19, 2017.



Any Delegations wishing to address Council are required to complete a **Delegations Policy form** and have it submitted to the Town Office no later than the Thursday prior to Council meeting date. You may obtain these from the Town Office. These forms are also available on our website [www.aberdeen.ca](http://www.aberdeen.ca)

If you haven't volunteered for the Town Community Build at 201 Fifth Avenue there is still time to.

Contact Renee Reimer Horner to see how you can help at 306-241-2587 or email [aberdeenmayor@sasktel.net](mailto:aberdeenmayor@sasktel.net).



Check out the various posters, made by Paulette Hudon and Laurae Tessmer, showing the progress of the build. The posters are located at the Rec Complex, the Post Office, and the Town Office. Notice any updates.

**Thank you, Aberdeen Community!**

"Dreams and dedication are a powerful combination." c/o William Longgood

## CLARK'S CROSSING GAZETTE NEWSPAPER

is once again placed in your Post Office box.

The **Bridges** paper is in the orange box located in front of 207 Main Street.

**Note:** Both have sales flyers that are different.

## EMAIL ADDRESSES STILL NEEDED

The Town of Aberdeen requires your email address. We need more to sign up before we can proceed to email receipts. Please email the Town office with your name, civic address and email address to [townaberdeen@sasktel.net](mailto:townaberdeen@sasktel.net)



## LORAAS RECYCLING / WASTE SCHEDULE – September

Oct 03– Black Bin (Waste)

Oct 17 – Black Bin (Waste)

Oct 31 – Black Bin (Waste)



Oct 10 – Blue Bin (Recycling)

Oct 24 – Blue Bin (Recycling)

Any questions, call Loraas at (306) 242-2300.

## THANK YOU and CONGRATULATIONS!

Thank you to everyone who came out and supported the Parks & Rec Registration & Trade Show on September 5th. **Congratulations to Kristin Walter who won the Town draw for \$100 towards utility bill.**

## GARBAGE AND RECYCLE BINS

Just a reminder that every black and blue bin has a number that corresponds to your civic addresses – please do NOT mix or trade any bin with your neighbor. **ALSO, remove** your bins from the street by Tuesday evening after Loraas pick-up to avoid damage of bins and obstruction of traffic.

401C Main Street, PO Box 130  
Aberdeen, SK S0K 0A0  
Phone: (306) 253-4311  
Fax: (306) 253-4201  
[townaberdeen@sasktel.net](mailto:townaberdeen@sasktel.net)  
[www.aberdeen.ca](http://www.aberdeen.ca)

## OFFICE HOURS:

Monday to Friday  
9:00 am to 5:00 pm

CLOSED 12:00 pm to 1:00 pm

**Mayor,** Renee Reimer Horner  
**Deputy Mayor,** Ryan White  
**Councillor,** Brian Vandenberg  
**Councillor,** Tracey Grand'Maison  
**Councillor,** Jacquie Griffiths  
**Councillor,** Ben Levesque  
**Councillor,** Floyd Wudrick

## STAFF:

**Chief Administrative Officer:**  
Susan Thompson

**Office Assistant:**  
Wanda Rance

**Public Works/Maintenance Manager:**  
Bradley Oleksyn

**Maintenance:**  
Mural Hingston

**Bylaw Enforcement Services,**  
EPS Management

**Pest Control Officer:**  
Denis Boyenko  
(deals with mice/rats/skunks)

**Predator Control Officer:**  
Ryan White  
(deals with crow population)

## Parking Enforcement

The Office is taking numerous complaints about parking...the fines for parking start at \$75.00 For example, we have had complaints about boats and trailers are being left unhitched on the street, as well as people parking in the no parking areas.

Please follow all posted signs regarding parking.

The parking bylaws are listed on the town's website, [www.aberdeen.ca](http://www.aberdeen.ca)

As winter approaches the maintenance crew would like to request that you move anything that is close to your property line so that it will not interfere with snow removal. We don't want our side arm to cause any damage. Thank you.

## HALLOWEEN HOURS October 31/17

Town Council has deemed Halloween Hours as follows: *4:00pm to 8:00pm . . . Safe Trick or Treating!!!*

*Householders, please have your porch lights on for all the little ghosts and goblins!*



## TRANSFER STATION

REMINDER! Transfer Station Tokens can be purchased at the Town and Gido's Store. The Transfer Station is open Wednesday and Saturdays from 10:00 am to 5:00 pm.

To see what is permitted please contact the town office.

## FALL GARDEN CLEAN UP

Town maintenance staff will be picking up garden refuse ONLY on Friday **October 13<sup>th</sup>** and Saturday **October 14<sup>th</sup>**, 2017 (weather permitting). Please have piled for easy access. Please Note: ALL refuse must be in **CLEAR** bags or it will **NOT** be picked up. Branches must be tied in 4' bundles. Please call the Town Office to schedule a pickup. Only those that have called the office to book will have their refuse collected. Dumping of grass clippings and leaves in back alleys and the open field is NOT permitted.



## SaskAlert is a free mobile alert app for emergencies

1. To find and download the app from the app store, search for "SaskAlert" or "Emergency Alerts Saskatchewan."
2. When you open the app for the first time, you will be prompted to allow for notifications from SaskAlert. Select yes.
3. You will be taken to the main screen of the SaskAlert app. Your first step should be to set up your settings as you would like to have them.

For more information go to [www.Saskatchewan.ca](http://www.Saskatchewan.ca)

## It's never too early for a SNOW REMOVAL PLAN

Snow removal will be done on roadways from Monday thru Friday, and weekends by necessity only. Sand/gravel will be spread on streets and corners where icy, and as needed to help diminish potential risks to our residents and vehicular traffic.

**Priority 1** School Route – Central Avenue, Main Street, Second Avenue and Thompson Street

**Priority 2** Emergency Services – Industrial Drive, Fifth Avenue South

**Priority 3** Residential Streets, Main Street Sidewalk

**Priority 4** Alleys where required.

Back alleys are Town property and NOT a storage area! Bylaw Enforcement Officer will be visiting any property owners who have left items in the alley. Please clear your back alley before snow falls for proper snow removal.



# RURAL MUNICIPALITY OF **ABERDEEN**

Incorporated 1909

*No 373*

## **Next Council Meeting**

**October 12<sup>th</sup>, 2017**

Council meetings held the second Thursday of the month, unless changed by council. Meeting will start at 8:00 am. Council meetings are open to public observation.

Any delegations wishing to address the council will be required to contact the office the Friday prior to the meeting at the latest.

## **Controlled Burn**

To register your controlled burn, you must register it first with the municipality by calling 306-253-4312 or **Adrien Hamoline after hours and weekends at 306-230-1603**. Then, you must register your burn with the Provincial Fire Center at **1-866-404-4911**.

The Provincial Fire Centre has the ability to see where a call is coming from and if it's close to a reported controlled burn. If a passing motorist phones in to report a fire that you have not registered with the Municipality and the Provincial Fire Center, we will be forced to fine you \$500. If our fire department deems it necessary to call in adjacent fire fighters from neighboring municipalities, ALL costs and charges will be forwarded to the person responsible for starting the fire.

## **Custom Work 2017 Rates**

**RM Shop 253-4330** (please leave a detailed message)

Ratepayers \$115 per hour - \$55.00 Minimum Charge

Non-Ratepayers & Developers \$160 per hour- \$80.00 Minimum Charge. Work Authorization Form must be filled out before any work will be performed.

## **Animals Roaming at Large**

Keeping animals within your property is the responsibility of the owner. If your animals are roaming within the RM, steps can be taken to detain the animals and all costs incurred in doing so will be the responsibility of the animals' owner.

## **Pest Control Officer**

Denis Boyenko is the Pest Control Officer for the Rural Municipality of Aberdeen. Rat poison can be picked up at the office during regular business hours. Please call Denis at 306-220-8996 to report all suspected rat infestations.

101 Industrial Drive (Box 40)  
Aberdeen, SK S0K 0A0

(306) 253-4312

Fax (306) 253-4445

[rm373@sasktel.net](mailto:rm373@sasktel.net)

[www.rmofaberdeen.ca](http://www.rmofaberdeen.ca)

Hours:

Monday – Friday

8:30am- 5:00pm

Reeve: Martin Bettker

306-281-2273

Deputy Reeve: Kevin Kirk

306-253-4519

Div 1: Graham White

306-374-2856

Div 2: Ryan Zdunick

306-374-8877

Div 3: Kevin Kirk

306-253-4519

Div 4: Real Hamoline

306-253-4608

Div 5: Paul Martens

306-253-4464

Div 6: Jim Korpan

306-253-4342

Administrator:

Gary Dziadyk

Office Assistants:

Bridgette Shwytky

Natasha Miller

Road Crew Foreman:

Darryl Klassen

## Transfer Station

Beginning February 1<sup>st</sup>, 2017, the transfer station will be free of charge for all RM Ratepayers. RM ratepayers wishing to use the Transfer Station must have a User Card (available at the RM office during regular business hours). Cards are only valid from January 1<sup>st</sup> -December 31<sup>st</sup> of the year they were issued and must be renewed yearly in January. Open Wednesday and Saturday from 10:00 a.m. to 5:00 p.m. Located on the SW 12-39-03-W3. The transfer site has a waste disposal bin for household refuse which is not recyclable or burnable. Several sites have been marked for items such as white metal, burnable etc. Painted wood/pallets are not considered burnable. The site is manned and the gate is locked at all times, except during operating hours as indicated. The municipality will not tolerate garbage being dumped on Municipal roads. There is a \$500.00 fine for anyone caught dumping garbage in the municipality, and the municipality will prosecute anyone that fails to pay the fine. **The Transfer Station is no longer accepting old Propane Tanks. Bale wrap/netting and grain bags will not be accepted at the Transfer Station.**

The RM of Blucher is allowing ratepayers from the RM of Aberdeen (with valid user cards) to use the waste transfer station located at NW 24-36-03-W3. The RM of Aberdeen will be covering the cost to use this station. The list of accepted items applies to both transfer stations.

## Building Permits

Building permits are only valid for 12 months from the date on the permit. All expired building permits must be closed in a timely manner. To book an inspection, contact MA Inspections at 306-250-1092. If an extension is required, please submit your request in writing along with your signature and the itemization of the work still required to be completed to the RM office. **No building is to be occupied until after it has had a final inspection and has been deemed safe to occupy by MA Inspections & the RM Council.**

## Taxes

Tax Notices were mailed out the first week of July.

Discounts on the municipal portion for current tax payments are as follows:

September 4%, October 3%, November 2%, December no discount. All taxes are due before December 31<sup>st</sup> of the current tax year. To receive the current month's discount, payments must be received or the envelope must be date stamped by Canada Post prior to the last day of the month. Please be advised that a 1% interest charge is being added on to any overdue taxes on the first of every month.

Please ensure you notify the municipality of any change in your address to ensure you receive your tax notice in time to receive your discount. If you have not yet provided a phone number to the RM, please do so thus we may contact you in case of emergency.

## Civic Addressing

After deliberation, the council of the RM of Aberdeen No. 373 has decided to purchase and install civic addressing signs on behalf of all ratepayers, and bill the ratepayer once the cost is finalized. The RM of Aberdeen has greater purchasing power through economies of scale, and utilizing discounts available through our SARM membership will decrease the cost per sign for each individual ratepayer. Signs will be ordered through ATS Traffic and installed periodically, beginning in Division 2. Your civic address can be found on your Tax Notice or can be obtained by contacting the RM Office. If you live along a road that was recently named at the July or August regular council meeting, a notice will be sent out with your new civic address.

Please visit our website for all upcoming meetings, events, forms, road closures and other important information.

[rmofaberdeen.ca](http://rmofaberdeen.ca)

Like us on Facebook RM of Aberdeen



# **BORSCHT SUPPER**

**Tuesday, October 24<sup>th</sup>, 2017**

**Starting at 5:00 pm**

**at the Aberdeen Community Hall**

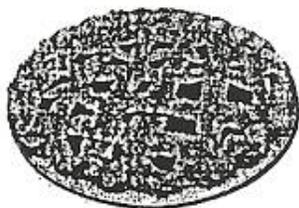
*Admission by Donation*



**Proceeds to:**

**Mennonite Disaster Services &  
Mennonite Central Committee**

**EVERYONE IS WELCOME**



*Sponsored by:*

*The Aberdeen Mennonite Church*

# **ABERDEEN & DISTRICT COMMUNITY HALL**

## **LOOKING FOR ASSISTANT CONVENERS**

To help with organizing banquets, purchasing supplies based on the choice of menu, and helping to organize staff for the banquets/functions.

**MANY HANDS MAKE LIGHT WORK** so even if you can help  
with one thing

**WE WOULD LOVE TO HEAR FROM YOU!**

Call 306-253-4690

## **COMMUNITY GARDEN BOARD AND ABERDEEN BRANCH LIBRARY BOARD**

Wish to thank all of the volunteers that helped with the pancake breakfast fundraiser during Aberdeen Days and for the donations we received from Trish Voldeng and the Saskatoon Co-op.  All of which made for a perfect start to the day.

**THANK YOU!**



# ABERDEEN CURLING CLUB

**ANNUAL GENERAL MEETING**  
MONDAY OCTOBER 16TH  
7:00 PM  
ABERDEEN REC COMPLEX



The club plans on having our regular nights of league curling starting the first week of November. Leagues are planned to run Wednesdays, Thursdays, and Fridays. We also expect to schedule dates in January for the Women's Bonspiel, February for the Town/RM FUNspiel and in March for the Meltdown Open Cashspiel.

This year we are making a change to the registration process. It will now be done online at [www.aberdeen.curling-club.ca](http://www.aberdeen.curling-club.ca). This will streamline the process for both the individual curlers and administration. We are currently in the process of setting this system up and will notify everybody of this change and how to register. If you had a team last year, you will have a chance to sign you team back up on the same night before October 16, after which registration will be open to new members.

Everyone is invited to come to the AGM on October 16<sup>th</sup> at 7:00pm in the curling lounge. This is a good opportunity to learn about the curling club, the progress we have made in the last year and the plans for the future. All members of the board will be in attendance and would enjoy answering any questions about the curling program. You will also be able to see what programs we will be offering and to register for curling. If you would like more information please email us at [aberdeencurlingclub@hotmail.com](mailto:aberdeencurlingclub@hotmail.com) or check us out on Facebook.





**OCTOBER 2017**

**ABERDEEN  
RECREATION COMPLEX  
& EVENT CENTRE**

225 Central Avenue · Aberdeen SK Canada  
[aberdeenrecplex@gmail.com](mailto:aberdeenrecplex@gmail.com) · (306) 253-4332  
[www.aberdeenrecplex.ca](http://www.aberdeenrecplex.ca)

**BUSINESS OFFICE** (upstairs)  
8:30 am – 4:30 pm  
Monday thru Friday



**NHL SIZED HOCKEY RINK**  
**4 SHEET CURLING RINK**  
**MULTI-PURPOSE ROOM RENTALS**  
**EVENING & WEEKEND CONCESSION**  
**LICENCED LOUNGE** – now full service  
**CATERING AVAILABLE**

 **GRANITE CLUB CAFÉ** – breakfast & lunch

**UPCOMING HOCKEY TOURNAMENT**  
**ARC PEEWEE A INVITATIONAL – OCT 14 & 15**  
**Seeking donations for prizes and trophies, volunteers and fans!** CONTACT TREVOR CORNISH  
(306) 374-2344 or [trevorcornish5@gmail.com](mailto:trevorcornish5@gmail.com)  
OR ANITA KAI, the ARC's New General Manager



**FALL**    
**RECREATION**

**LEARN2SKATE**

Ages 3 – 6  
Starting September 25  
\$27.50 / 4 lessons



**YOGA**

\$7.50 Drop Ins  
Mondays @ 5:30  
Sept 18 – Oct 23  
Beginner Level 18+



**SENIORS  
WALKING  
CLUB**

9 am – 10 am · Free  
Mon·Wed·Fri  
Sept - Dec



**NOON GROOVE  
'N STRETCH**

12:15 – 12:45 pm · Free  
Tue & Thu  
Sept 19 – Dec 21



**LIGHT THE RINK CAMPAIGN  
DONATIONS BEING ACCEPTED**  
PLEASE CONTACT TRACY  
[aberdeentgrandmaison@sasktel.net](mailto:aberdeentgrandmaison@sasktel.net)

## PUBLIC SKATING

**NEW!** Regular Schedule

**SHINNY - Tuesdays 3:15 – 4:45 PM**

**FREE SKATE – Thursdays 3:15 – 4:45 PM**

**\$3** kids 11 & under **\$4** 12 and older **\$7.50** Family

**\$100** per family October – March

Call Anita at the ARC and get your  
**Family Skate Card** today !



## FITNESS CENTRE

**NEW!** Seasonal Membership

**\$5** drop in **\$20** per month

**\$150** per person October – March, includes  
Public Skating and 5 free drop in fitness classes.  
Call Anita at the ARC for details !



Starting October 1, the  **Granite Club Café**  
will open for breakfast and lunch, serving all of  
your favourites, fresh baking, the Aberdeen  
Flame Burger and world inspired specials!



**Want to be a part of this amazing team?**

Call Anita (306) 253-4332 or FB message!

[www.aberdeenrecplex.ca](http://www.aberdeenrecplex.ca)

## Support Your Investment

The Aberdeen Recreation Complex finished construction and opened for business in the fall of 2005. It took many volunteer hours over the years to fundraise to make this beautiful facility a reality.

We are run by a diverse board of directors and funded by the Aberdeen and District Charities Inc.

We are home to the **Aberdeen Preschool**, **Dance Aberdeen**, **Wheatland Regional Library** as well as the **AMHA Aberdeen Flames** and the **Knights Senior Hockey Club**.

Local talent and NHL stars alike share our facility, and we want you to shout it out Loud and Proud!

### Your Facility Staff:

Jordan Zurowski  
Mack Francis  
Brett Holmes  
Reece Bovenko  
Julie Martens  
Dianne Pilon  
Macy Loiselle  
Janet Buhler  
Anita Kai



# Aberdeen & District Fire & Rescue

## Fire Prevention Week ~ October 8-14, 2017

**Hey Kids** (Kindergarten to Grade 3) enter the draw to be "Fire Chief for a Day". You could get some pretty cool things, get picked up & dropped off in the fire truck for school. Get the details from your teacher - the week of Fire Prevention.

This year's theme is : **"Every Second Counts – Plan 2 Ways Out!"**

- *Make an Exit Plan*
- *Know two ways out of every room*
- *Get out safely and stay out*
- *Find your meeting place*

### **Fire Safety Starts at Home...**

Most fatal fires in Saskatchewan start in the home. Kitchen fires are the #1 cause of home fires. You can protect your family and property by taking these fire steps.

#### **Smoke alarms save lives ONLY when they are working**

- Test smoke alarms at least once a month – push the test button.
- Install new batteries at least once a year or when your alarm "chirps" with a low battery warning.
- Smoke alarms do wear out – replace every 10 years.

#### **Make an escape plan**

- Plan and then practice your escape. Every member of your family should know at least two ways out from every room.
- Make sure open doors and windows are easy to open. When escaping from an upper story window, plan a safe way to the ground.
- Pick a meeting place outside the home where every member of the family can gather once they've escaped.
- Know your local emergency number and call from a cell phone or a neighbor's house. Wait safely outside for the Fire Department to arrive.

#### **Child fire play**

- Children are fascinated by fire. Teach them about the dangers of fire and put fire starters out of their reach.
- Store matches and lighters up high or locked in cupboards.
- Don't leave children unsupervised around candles or open flames.
- Teach your children their part in the family escape plan.
- Let children know they should tell an adult if they find matches or lighters lying out – never to touch them.

#### **Heat safety**

- Keep space heaters and wood stoves off when you go to bed or leave the house.
- Always turn space heaters off when you go to bed or leave the house.
- Never leave children alone with a working fireplace, wood stove or space heater.
- Use a metal spark screen on your fireplace.
- Have your chimney inspected once a year by a professional. Clean chimney and flue pipes of creosote build up.
- Burn only dry, seasoned wood in wood stoves and fireplaces.

#### **Big fires start small**

- Don't give fire a place to start. Keep things neat. Clear clutter and combustibles out of basements – particularly near furnaces and hot water heaters.
- Never leave stove on, unattended. Use pot cover to smother fire.
- Do not overload an electrical outlet.
- Store flammable liquids – like paint thinners and gasoline – outside the home.
- Leave fire fighting to the experts. Fire grows surprisingly fast. Don't waste precious seconds trying to control any but the smallest fire. Get everyone out and call the Fire Department from a safe place.
- Fire safety is a way of life. Make an escape plan and practice it regularly. Put reminders to check smoke alarms on the family calendar – and when the date comes up – make the check. Make a regular fire safety inspection and correct any hazards you find.

## **Emergency 9-1-1**

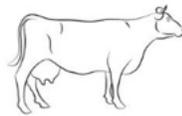
## Kettle River Veterinary Services

- Mobile Veterinary Services
- Large and small animals

Aberdeen and surrounding area.

Now open for business.

(306) 850-9277



**EBN HOLDINGS**  
*(2015) LTD.*  
**(306)260-9781**

**Custom Grain & Fertilizer Hauling**

**Contact Mike Chelack - Owner & Dispatcher**

**(306)260-9781 / [ebn@sasktel.net](mailto:ebn@sasktel.net)**



## MENNONITE CHURCH

### Worship Service

Sunday 11:00 a.m.

Phone 306-253-4457

[www.aberdeennennonitechurch.com](http://www.aberdeennennonitechurch.com)

**ABERDEEN SPORTS EQUESTRIAN CENTRE**

*Home of the Sunset Riders*

Box 527, Aberdeen, Sask. S0K 0A0 253-3391  
 Web Site: [aberdeensunsetriders.com](http://aberdeensunsetriders.com)  
 Email: [aberdeen\\_sunset\\_riders@yahoo.ca](mailto:aberdeen_sunset_riders@yahoo.ca)

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 CELL 306-222-7899  
 BERNICE 306-260-7893  
 FAX 306-253-4748  
[bigstrawman@gmail.com](mailto:bigstrawman@gmail.com)

Box 399  
 ABERDEEN, SASK.  
 S0K 0A0

**KELLY BLOCK, MP**  
 Carlton Trail—Eagle Creek

[KELLY.BLOCK@PARL.GC.CA](mailto:KELLY.BLOCK@PARL.GC.CA) • [WWW.KELLYBLOCKMP.CA](http://WWW.KELLYBLOCKMP.CA)

### WELLNESS, FOOTCARE & BLOOD PRESSURE CLINIC:

Blood pressure or foot care is a free service. You can talk to a Registered Nurse about vitamins or prescription drugs, any other questions you may have, will be answered.

The clinic is held from 8:30 a.m. to 12 noon, at the Aberdeen Seniors, as posted.

**For an appointment contact: Nettie Thiessen 253-4447**

Please **bring a towel** if you are receiving foot care.

Next clinic date: **October 27 & November 24**

**Senior Center** is available for rent, Call for bookings, for \$35.00 a day.

For more information, contact the above phone numbers.

**Massage** available first Thursday of the month

Location: Senior Center



Farm work, yard work, house work... may not sound like a lot of fun, but what if your ability to do these things was taken away? Would you like to have more energy or less aches and pains when you're doing those things? Or, when finished with all your work, would you still like

Forever...



to have the energy and ability to do other activities you actually do enjoy? **Forever...in motion** helps older adults become physically active through volunteer-led physical activity groups. We teach people how to exercise safely, with the goal of improving and/or maintaining the health of older adults living in the community. This then helps to maintain your independence and remain in your own home—in your own community. Other benefits of becoming a **Forever...in motion** site include:

- exercise with the additional benefit of socialization
- the chance to keep your community strong & vibrant
- support from the Saskatoon Health Region

Become a **Forever...in motion** site today! Call 306-655-0607 **or** 306-655-2285 or e-mail [emma.cawood@saskatoonhealthregion.ca](mailto:emma.cawood@saskatoonhealthregion.ca) **or** [kereen.lazurko@saskatoonhealthregion.ca](mailto:kereen.lazurko@saskatoonhealthregion.ca)



**Brad Krawchuk**  
**MANAGER**  
ph. 306.253.4224  
c. 306.940.6027  
[Brad.Krawchuk@cpsagu.ca](mailto:Brad.Krawchuk@cpsagu.ca)  
P.O. Box 323  
Aberdeen, Saskatchewan S0K 0A0

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[cpsagu.ca](http://cpsagu.ca)



**Keith LeJan, CCA**  
**Assistant Manager**  
ph. 306.253.4224  
c. 306.230.0789  
f. 306.253.4668  
[Keith.LeJan@cpsagu.ca](mailto:Keith.LeJan@cpsagu.ca)  
P.O. Box 323  
Aberdeen, Saskatchewan S0K 0A0

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[cpsagu.ca](http://cpsagu.ca)



**Dave Rettger**  
Facility Manager - Aberdeen Location  
[daver@northlandlogistics.ca](mailto:daver@northlandlogistics.ca)  
134 – 103 Marquis Court Saskatoon, SK S7P 0C4  
Office: (306) 253-2222 Fax: (306) 253-2227  
Cell: (306) 371-8355

**Sunset Gourmet Food Company Inc.**



**Renee Jones**  
Independent Consultant  
Aberdeen, SK  
Phone: (306) 222 2190  
email: [rbjones@sasktel.net](mailto:rbjones@sasktel.net)  
website: [www.mysunsetgourmet.ca/reneejones](http://www.mysunsetgourmet.ca/reneejones)

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Business Card size \$25.<sup>00</sup>/10 issues

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2. Half page or less \$15.<sup>00</sup>/issue
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**Ad Creation and/or modifications to submissions  
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**\*\* If the 20<sup>th</sup> is a Saturday or Sunday,  
the deadline is the Friday before\*\***

Distribution date: 27<sup>th</sup> of every month  
(Except July & Aug)



## General:

The Aberdeen & District Newsletter is a free publication for the residents of Aberdeen and district made possible by funding from Aberdeen Chamber of Commerce, the Town of Aberdeen, the RM of Aberdeen, advertisements, subscriptions, and donations.

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## Contact Info:

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